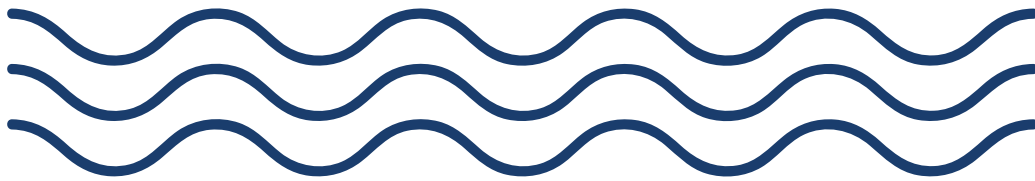


2023 SHADY GROVE WOMEN'S RETREAT

# Anchored

HIS HOPE IN OUR STORIES



APRIL 28-29

CAMP WABANNA

Ladies, please join us for a time of fellowship, fun, and great teaching! This year's guest speaker is Ellen Zell, and she will be bringing us three messages over the weekend. We'll also get to experience the beauty of the Chesapeake Bay while deepening our relationships with each other.

We are praying this will be an opportunity to refresh your souls in the company of your sisters as we contemplate the hope of being anchored by Christ.

**early bird price**

**\$119**

**price after March 1**

**\$130**

*register at*

**bit.ly/Anchored23**

or scan here:



# Frequently Asked Questions

## **WHO IS THIS RETREAT FOR?**

We invite all the women of Shady Grove, college age and above, to join us.

## **WHAT IS INCLUDED IN THE COST?**

Lodging for one night, four meals, activities, games, and a great speaker.

## **WHO IS OUR SPEAKER?**

Ellen Zell, along with her husband Matt, is a full-time missionary with Equip International. She lived in Honduras for 10 years and now makes several trips a year as the work there continues. In Honduras she encourages women in their faith journey through crafts, teaching, and friendship. In her spare time, she enjoys reading, sewing, watercolors, and staying active hiking, exercising, and jumping on the trampoline.

## **WHERE IS THE RETREAT?**

We will be staying at Camp Wabanna, a Christian retreat center in Edgewater, MD located on a 23-acre point where the Rhode and West Rivers converge into the Chesapeake Bay.

## **WHAT ARE THE SLEEPING ACCOMODATIONS?**

We will be sleeping in Camp Wabanna's Emmans Lodge, which contains bedrooms that sleep 2-4 people each. You will be able to pick your bedroom after sign-up. All the beds are twin size, and you will need to bring your own pillow, blanket, and sheets from home. You will need to climb one flight of stairs to reach the rooms.

## **WHAT WILL WE BE EATING?**

Four meals will be prepared for us by the Camp Wabanna staff.

## **WHAT IF I HAVE DIETARY RESTRICTIONS?**

Please note any food allergies during sign-up so we can make the camp aware. Separate meals are not made for allergies or special diets, but menu modifications may be made to the meals with advanced notice.

When the camp is unable to meet those needs, guests can bring in supplementary items and will have access to a fridge & microwave.

## **ARE SCHOLARSHIPS AVAILABLE?**

Yes! We want all the ladies of Shady Grove to enjoy this beautiful weekend with us. If the cost is prohibitive, please contact Tammy Jones at [office@shadygrovepca.org](mailto:office@shadygrovepca.org).

